

Year 1 Buddhism

Siddhartha Gautama



Hindu Prince

Left the palace to discover the meaning of life.

Became enlightened after meditating for a long time.

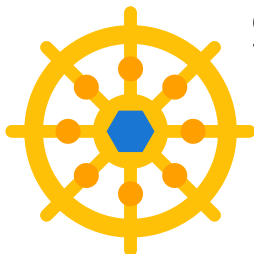
Siddhartha became known as the Buddha.

Symbols

There are many symbols found in Buddhism.



Lotus: Progress and growth



Wheel of Life: Eightfold path



Buddha statues.

Stories

There are any stories found in Buddhism

Siddhartha and the Swan:

Story of kindness and care.



The Monkey King: A story of leadership.



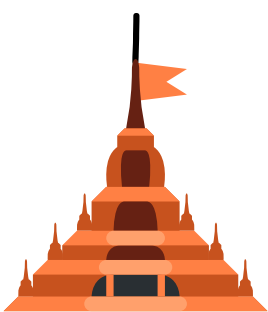
Wesak

Festival celebrating the Buddhas birthday.

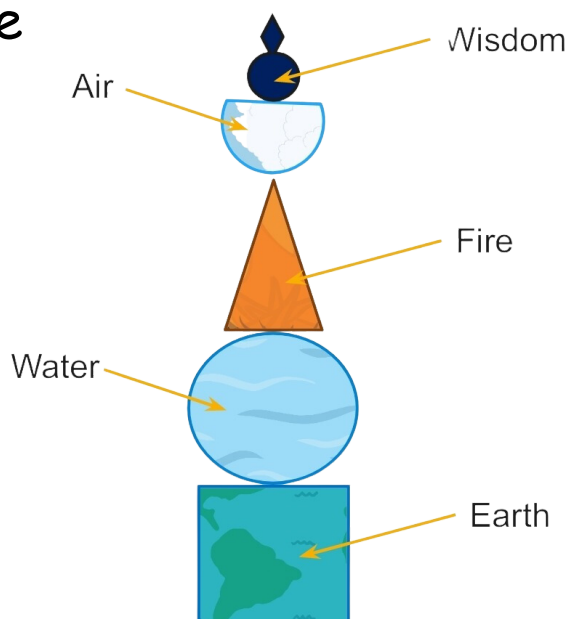


Temples

Not all Buddhist temples look the same from the outside.



Many are built using the 5 elements.



Worship

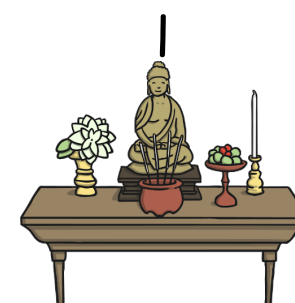
Meditation



A way to focus the mind.

Sometimes includes chanting

Can be done in a temple or at home.



Offerings are often made to Buddha statues