

The Incredible Years - 11 Week Parenting Programme



For parents and carers of children aged 4-11 in Welwyn and Hatfield whose children display anxious and aggressive behaviour at home.



'This course is great, and has helped me to change my mindset and work differently with my children'

Applecroft School Applecroft Road,
Welwyn Garden City
AL8 6JZ

Friday's
10am - 12pm
17th April 2026 - 10th July 2026

[BOOK HERE](#)