Living in the Wider World | Relationships Education | Health and Wellbeing

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Bonfire Night Assembly/Black History Month	Anti-Bullying Week/Road Safety Week	Online Safety Day/Children's Mental Health Day	International Women's Day	Sun Safety Assembly/Windrush Day Walk to School Week Water Safety Code for Y4	Nelson Mandela Day
Understanding Ourselves and Others	Kindness, Safety, and Belonging	Keeping Healthy and Safe	**Living in Our World**	**Making Responsible Choices**	**My Body, My Health, My Safety**
Reception Community link: Visit Library*	1) Classroom Rules 2) All About Me 3) Setting Simple Goals	1) Kindness & Let's Be Friends 2) Let's Be Friends 3) Sharing and Taking Turns 4) Saying Sorry 5) Telling the Truth	1) Handwashing and Germs 2) Hygiene and Self-Care 3) Feelings 4) Resilience 5) Independence	1) Caring for Ourselves and Others 2) Celebrating Our Differences 3) Online Safety & Sensible Amounts of Screen Time 4) Jobs and Community Helpers (being a safe pedestrian)*	1) Making Good Choices 2) Good Manners 3) Bullying 4) Personal Space and Boundaries 5) Asking Permission 6) Secrets (Good and Bad)	1) Healthy Teeth 2) Healthy Food 3) Healthy Bodies 4) Growing and Changing 5) My Body (Private Body Parts)
Year 1 Community link: Police Community Support Officer (PCSO)*	1) How We Grow 2) What Are Feelings 3) Feelings and Loss 4) How We Play and Learn 5) Staying Safe	1) Respect 2) Polite Words 3) Sharing and Taking Turns 4) Being Helpful & Being Kind 5) Getting Hurt	1) Keeping Clean 2) Healthy Teeth 3) Healthy Food 4) Eating Well 5) Keeping Fit and Healthy	1) All About Rules 2) Online World (Screen Time) 3) Online Safety 4) Strengths and Interests 5) Jobs and Skill *	1) Caring for Living Things 2) What Is Money? (YR lesson) 3) My Classroom Community 4) Community Helpers	1) What Is a Family? 2) Family and Me 3) All About Bodies (Private Body Parts) 4) My Body Belongs to Me (Unwanted Touch) 5) Asking for Permission
Year 2 Community links: Lollipop Lady visit*	1) Making Friends 2) Being a Good Friend 3) Playing With Others 4) Manners and Respect 5) Resolving Conflict	1) Feeling Lonely 2) Bullying (Introduction) 3) Unkind Words 4) Kindness	1) Healthy Habits 2) All About Teeth 3) Sleep Routines 4) Medicines 5) All About Feelings	1) Personal Data 2) Online Safety 3) Online Information 4) Belonging to a Community 5) Same/different (Diversity)	1) Ways to Pay 2) Earning Money 3) Saving and Spending 4) Wants and Needs	1) Brilliant Bodies (Private Body Parts and Swimwear Rule) 2) Secrets and Surprises (Unsafe Touch) 3) Safety at Home 4) Road Safety* 5) Accidents and Emergencies
Year 3 Community links: Care home Christmas cards*/Fire Station visit*	1) Feelings and Me (Coping Strategies) 2) Resilience and Self-Esteem 3) Exercise and Wellbeing 4) Grief and Loss 5) Strengths and Interests 6) Assessment	1) Role Models 2) Manners and Politeness 3) Family and Me 4) People Who Care for Me 5) Caring for Others* 6) Assessment	1) Personal Safety and Risk 2) Fire Safety* 3) First Aid 1 (Burns and Scalds) 4) Healthy Eating 5) What Is a Habit? 6) Assessment	1) Rules and Laws 2) Rights and Responsibilities 3) E-Safety 4) Age-Appropriate Content 5) Why Is the News Important? (Precursor to Fake News) 6) Assessment	1) Jobs and Sectors 2) Careers and Skills 3) Targets and Goals 4) Career Routes 5) Stereotypes 6) Assessment	1) Seeking Permission 2) Privacy and Boundaries 3) Friendship Boundaries 4) Respectful Behaviour 5) Bullying or Teasing 6) Assessment
Year 4 Community links: RNLI/Canal & River Trust*	1) Respecting Difference 2) Diverse Communities 3) Prejudice and Discrimination 4) Racism 5) Assessment	1) Preventing Bullying 2) Hurtful Behaviour 3) Committed Relationships 4) Honesty and Trust 5) Positive Friendships 6) Assessment 7) Water Safety Code - workshop in summer term*	1) Healthy Lifestyles 2) Staying Healthy 3) First Aid 2 (Asthma) 4) Germs and Illness 5) Drugs and Medicines 6) Assessment	1) Internet and Screen Time 2) Age Restrictions 3) Communicating Online 4) Harmful Content / Contact 5) Secrets (Keeping Good Secrets / Sharing Bad) 6) Assessment	1) Responsible Spending 2) Value for Money 3) Keeping Track of Money 4) What Is Advertising 5) Gambling and Risk	1) Growing-up Girls 2) Growing-up Boys 3) Changing Emotions 4) Personal Hygiene & Dental Hygiene - merge 5) Sleep Hygiene 6) Assessment
Year 5 Community links: Mini Police*/Visit to Stanborough School	1) Friendships 2) Feeling Left Out 3) Peer Pressure 4) Dares and Challenges 5) Bullying and Hurtful Behaviour (mini police)* 6) Assessment	1) Positive Relationships 2) Loving Stable Families 3) Love and Abuse 4) Online Behaviour and Risks (mini police)* 5) Stranger Safety 6) Assessment	1) Healthy Habits 2) Being Healthy – Diet & Exercise (merge) 3) Physical Health) 4) Germs, Bacteria and Viruses 5) What Is Mental Health? 6) Assessment	1) Asking for Help 2) What Is Social Media? 3) Fake News & Fake Images (Photoshop and Deep Fake Videos) * 4) Digital Footprints 5) Assessment	1) Courtesy and Manners 2) Success and Achievement 3) Independence and Responsibility 4) Careers and Stereotypes 5) Assessment	1) Understand Emotions 2) Feelings and Emotions 3) Self-Esteem & Body Image (merge) 4) Boys' Puberty 5) Girls' Puberty 6) Assessment
Year 6 Community links: HSBC finance visit*	1) Disagreeing Respectfully 2) Cyberbullying and Harassment 3) Online Gaming Danger 4) Group Chats (Bullying) 5) Online Privacy and Data 6) Assessment	1) Identity and Community 2) Diversity in the UK 3) Protected Characteristics 4) What Is Money?* 5) Attitudes About Money 6) Assessment	1) Medicine and Product Safety 2) Habits and Addiction 3) What Is Alcohol? 4) Drugs (Introduction to Illegal Drugs) 5) Vaping Danger 6) Assessment	1) Personal Safety and Hazards 2) First Aid 4 (Common Injuries) 3) First Aid 5 (Life Support) 4) Grief, Change and Loss 5) Transition to Secondary School 6) Assessment	1) Boys' Puberty 2) Girls' Puberty 3) Human Reproduction (Sex-Ed Part 1 - Conception) 4) Hormones and Emotions 5) Mental Health Symptoms 6) Assessment	1) Consent 2) Attraction and Crushes 3) Starting a Family (Sex-Ed Part 2 – Sexual Intercourse) 4) Family and Commitment 5) Caring for Babies 6) Assessments